

# Curriculum Vitae

Name: Karen Lee Gillock, Ph.D.

Primary Activities: Practicing Psychologist Karen Lee Gillock, Ph.D., PLLC

Cognitive-Behavioral Therapy

Adjunct Assistant Professor of

Psychiatry, Dartmouth Medical School Cotton

CARES Survivorship Clinic, Norris Cotton Cancer Center, Dartmouth-

Hitchcock Medical Center

Treatment Development/

Research Collaborator

Memory and Attention Adaptation
Training (MAAT) with Robert Ferguson,

Co-Author and Tom McAllister, Project

Investigator

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Karen.L.Gillock@Dartmouth.edu Karen@Psychologist-NH.com

# **EDUCATION**

### **Academic Training**

1998 University of Illinois at Chicago Ph.D. Clinical Psychology

1995 University of Illinois at Chicago M.A. Psychology (Clinical Specialty)

1990 University of Cincinnati, Ohio B.A. Psychology

### **Academic Awards and Honors**

1993-1997 Psychology Department Recognition of Achievement in Research, University of Illinois

at Chicago

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1991 Phi Beta Kappa

1990 Graduated from University of Cincinnati Summa Cum Laude

Psi Chi Certificate of Appreciation for Service as Chapter Officer, University of

Cincinnati

Director of Undergraduate Studies Distinguished Service Award, University of Cincinnati Doris Twitchell Allen Award for Outstanding Senior Woman, University of Cincinnati

Academic Achievement Scholarship, University of Cincinnati

# **Pre/Postdoctoral Training**

1999-2001 Clinical Research Fellowship in Behavioral Medicine (Specialty in

**Posttraumatic Stress Disorder)** 

Dartmouth Medical School, Department of Psychiatry, Anxiety Disorders Service

Supervisors: Claudia Zayfert, PhD & Mark Hegel, PhD

1998-1999 Clinical Psychology Fellowship (Specialty in Anxiety Disorders)

Department of Psychiatry, University of Illinois at Chicago

Supervisor: Cheryl Carmin, PhD

1997-1998 Predoctoral Psychology Intern

Department of Psychiatry, University of Illinois at Chicago

Supervisor: Graciela Viale-Val, Psy.D.

### **Advanced Clinical Training or Certification**

2005-2007 **Problem-Solving Treatment (PST)** 

PST is a cognitive-behavioral intervention designed to improve one's ability to cope

with stressful life experiences by identifying and rectifying the negative

consequences of ineffective or maladaptive coping. Supervisor: Mark Hegel, PhD, Dartmouth Medical School, Department of Psychiatry, Behavioral Medicine Section.

2005 Memory and Attention Adaptation Training (MAAT): A Brief Cognitive-

Behavioral Program for Cancer Survivors with Chemotherapy-Associated

**Attention and Memory Problems** 

MAAT is a cognitive-behavioral intervention that teaches skills that research suggests can help individuals better deal with memory and attention problems that can occur after chemotherapy. Collaborator: Robert Ferguson, PhD, Cancer Care

of Maine, Eastern Maine Medical Center.

1999-pres.

Other Manualized/Evidence-Based Treatment Proficiencies

Assertiveness Training (Jakubowski & Lange)

Changing for Good (Prochaska, Norcross, & DiClemente) Depression (Burns; Persons, Davidson, & Tompkins)

Dialectical Behavior Therapy (McKay, Wood, & Brantley; Spradlin)

Managing Social Anxiety (Hope, Heimberg, & Turk)

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Mastering Your Fears and Phobias (Antony, Craske, & Barlow)

Mastery of Your Anxiety and Panic (Barlow & Craske) Mastery of Your Anxiety and Worry (Craske & Barlow) Mindfulness Training (Fralich; Kabat-Zinn; Linehan)

Overcoming Obsessive Compulsive Disorder (Foa & Wilson; Steketee)

Overcoming Self-Defeating Behaviors (Goulston & Goldberg)

Post-traumatic Stress (Rosenbloom & Williams)

Relaxation & Stress Reduction (Davis, Eshelman, & McKay)

Self-Esteem/Confidence (McKay & Fanning)

# Recent Advanced Professional Training or Certification (Continuing Education)

2011 HIPAA Compliance After the HITECH Act (Seminar)

Risk Management for Clinicians: The Nuts and Bolts of Legal and Ethical Practice

(Webinar)

Emotional Manipulators: Understanding Manipulators and Helping Their Victims

(Seminar)

Cancer Care Connect Teleconferences (Telenars)

2010 Ethics Complaints and Malpractice Lawsuits: Managing High-Risk Clinical

Situations (Webinar)

Very Best Treatment for ADHD and the Processing Disorders (Webinar)

How Therapy Changes the Brain (Webinar)

HIPPA (APA Online Courses)

Cancer Care Connect Teleconferences (Telenars)

2009 Dissolving Resistance in Difficult Clients: Techniques for Motivation and Change

(Seminar)

Norris Cotton Cancer Center CARES Survivorship Clinic Grand Rounds

Cancer Care Connect Teleconferences (Telenars)

Seven Secrets of Highly Successful Therapists (Seminar)

2008 Dartmouth Medical School Department of Psychiatry Grand Rounds

APA's Ethics Code Overview (APA Online Course)

27th Meeting of the NH/VT Hospital Ethics Committee Network. Futility: Why Is It So

Hard to Talk About? (Seminar)

The Proper Focus of Evidence-Based Practice (APA Online Course) Integration of Psychopharmacology and CBT (APA Online Course)

2007 Dartmouth Medical School Department of Psychiatry Grand Rounds

MAAT for Traumatic Brain Injured Clients (Seminar)

Distress, psychiatric syndromes, and functional impairment in women with newly-

diagnosed breast cancer (Professional Journal Article)

2006 Contemporary Issues in Clinical Research (Dartmouth-Hitchcock Medical Center

Seminar)

Dartmouth Medical School Department of Psychiatry Grand Rounds Norris Cotton Cancer Center Grand Rounds

2005 Contemporary Issues in Clinical Research (Dartmouth-Hitchcock Medical Center

Seminar)

NIH New Investigators Program (NIMH Research Conference)

Women in Medicine Conference (Dartmouth-Hitchcock Medical Center Seminar) Small Group Leadership Skills (Office of Medical Education at Dartmouth Medical

School Faculty Development Workshop)

# **CLINICAL**

### **Professional License**

2000-pres. Licensed Psychologist #943

New Hampshire Board of Mental Health Practice

www.nh.gov/mhpb/ 603-271-6762

## **Academic and Hospital Appointments**

2007-pres.

**Adjunct Assistant Professor of Psychiatry** 

Dartmouth Medical School, Mary Hitchcock Memorial Hospital

2004-2007

**Assistant Professor of Psychiatry** 

Dartmouth Medical School, Mary Hitchcock Memorial Hospital

2001-2004

Clinical Associate and Instructor in Psychiatry

Dartmouth Medical School, Mary Hitchcock Memorial Hospital

### **Clinical Activities**

2009-pres. Psychologist, Medical Center Clinic Practice

CARES Survivorship Clinic, Norris Cotton Cancer Center, Dartmouth-Hitchcock Medical

Center

Provide quality, evidence-based cognitive behavioral therapy to Cancer Center patients presenting with a variety of behavioral medicine concerns related to the diagnosis, treatment, and recovery from cancer, including chemotherapy-related cognitive deficits

("chemo-brain"), post-traumatic growth, end of life issues, etc.

2007-pres. **Psychologist, Solo Practitioner** 

Karen Lee Gillock, PhD, PLLC

Provide quality, evidence-based cognitive behavioral therapy to clients presenting with a variety of concerns, including anxiety, depression, stress, behavioral medicine, etc.

2004-2007

Consultant, Stress Management

Cardiac Rehabilitation, Dartmouth-Hitchcock Medical Center

Made regular presentations (every 6 weeks) of stress management and relaxation

techniques to cardiac patients.

1996-1997 **Psychometrician** 

Psychodiagnostics, Inc., a Department of Child and Family Services contractor

Formulated diagnostic recommendations for referral questions focused on parent-child

reunification suitability and allegations of abusive/unsafe environments.

Supervisor: Aleta Edwards, PsyD, Managing Director.

1990 **Diagnostics Assistant** 

Psychology Services, Veterans Administration Medical Center, Cincinnati, Ohio Administered test batteries to psychiatric inpatients and involved in patient

interviews, test interpretation and diagnostic determination.

Supervisor: Robert Welch, Ph.D., Chief Psychologist

### **Professional Association Memberships**

2004-pres. New Hampshire Psychological Association

2003-pres. International Society for Traumatic Stress Studies

1999-pres. American Psychological Association

1998-pres. Association for Behavioral and Cognitive Therapies

1995-1999 Society for Community Research and Action (Div. 27, APA)

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1994-1999 American Educational Research Association

1993-1999 American Psychological Society

**Major Clinical/Professional Committee Assignments** 

2006-2009 Planning Committee, CARES Survivorship Clinic

Member

Dartmouth-Hitchcock Medical Center and Norris Cotton Cancer Center

2006 Review Committee, Lance Armstrong Foundation Research Grant Program

Award Reviewer

**Lance Armstrong Foundation** 

2005 Task Force, International Guidelines on Mental Health Training of Primary Care

Providers for Trauma Exposed Populations

AdHoc Reviewer

International Society for Traumatic Stress Studies and the Rand Corporation

1994-1995 Planning Committee, 5th Community Research & Action Conference

Student Member

Div. 27, American Psychological Association

Journal Referee Activities - Peer Reviewer

2001-pres. American Journal of Psychotherapy

Behavior Modification
Behavior Therapist
Depression and Anxiety

European Journal of Psychology of

Education

General Hospital Psychiatry

International Journal of Geriatric Psychiatry

Journal of Affective Disorders

Journal of Nervous & Mental Disorders
Primary Care and Community Psychiatry

Psychiatry Research Psycho-Oncology



# **TEACHING**

### Norris Cotton Cancer Center, Dartmouth-Hitchcock Medical Center

2011 *Lecturer* 

"Chemo-Brain: The What, Why and Who of It... And Most Importantly, How to Deal With It." Presented in a small-group format at the Cancer Survivor's Day Celebration.

#### **Dartmouth Medical School**

2004-2007 Clinical Supervisor – Psychiat	ry Residents
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2006-2007	Jennifer Connors, MD, introduction to cognitive-behavioral therapy
2005-2006	Emily Grandey, MD, introduction to cognitive-behavioral therapy
2005-2006	Ed Sheehan, MD, introduction to cognitive-behavioral therapy
2004-2005	Jeffrey Fetter, MD, introduction to cognitive-behavioral therapy and
	research
2004 2005	Loffroy Smarrolla, MD, introduction to cognitive behavioral therapy

2004-2005 Jeffrey Smarrella, MD, introduction to cognitive-behavioral therapy

# 2004-2007 Clinical Supervisor – Postdoctoral Psychology Fellows

2005-2007 Felicia DiPietro, PhD, supervision for state licensure

2004 Andrew Steinmark, PsyD, training/supervision to use evidencebased generalized anxiety disorder protocol

# 2000-2007 Lecturer – Department of Psychiatry Courses

2004-2007 **Therapy lecture series.** One hour lectures for the PGYIII residents; subjects include Cognitive-Behavioral Therapy for Depression.

2004-2007 **Professional Development Seminar.** One hour lectures for the postdoctoral fellows; subjects include: Succeeding in the first post-training

year, Coordinating/balancing personal and professional activities, Quality

of life.

2000-2001 Therapy lecture series. One hour lectures for the PGYIII residents;

subjects included Assessing and treating PTSD and other anxiety

disorders. Co-led with Claudia Zayfert, PhD.

### 2000-2007 Research Assistant Supervisor – Undergraduates

2004-2007	Jeremy Carmasin, Brandeis University, Waltham, MA
2004-2006	Jane Howard, Johnson State College, Johnson, VT
2003-2005	Dino Hall, Dartmouth College, Hanover, NH
2003-2004	Jennifer Hill, Dartmouth College, Hanover, NH
2002-2004	Julia Martinez, Dartmouth College, Hanover, NH
2001	Molly Butterworth, Dartmouth College, Hanover, NH
2000-2001	Jeff Birk, Dartmouth College, Hanover, NH
2000-2001	Jennifer Hatcher, Dartmouth College, Hanover, NH

#### Other Institutions

### 1997-1999 *Lecturer*

Department of Psychiatry, University of Illinois at Chicago

Conducted lectures and in-services for medical students, psychotherapy trainees, and

hospital staff in cognitive-behavioral therapy, anxiety disorders, and stress

management.

### 1991-1998 Research Assistant Supervisor

Department of Psychology, University of Illinois at Chicago

Supervised graduate & undergraduate research assistants and data management

teams.

### 1994 Course Instructor

Department of Psychology, University of Illinois at Chicago

Behavioral Statistics (undergraduate level)

# 1990-1995 **Teaching Assistant:**

1995	Behavioral Statistics (graduate level)
1993	Community Psychology (undergraduate level)
1992-1993	Research Methods (undergraduate level)
1992-1993	Introductory Psychology (undergraduate level)
1992	Theories of Personality (undergraduate level)

1991 Behavioral Statistics (graduate and undergraduate levels)
1990 Experimental Research Methodology (undergraduate level)

# **Major University Committee Assignments**

2006 Faculty Search Committee

Member

Department of Psychiatry, Dartmouth Medical School

2005-2007 Research Committee

Member

Department of Psychiatry, Dartmouth Medical School

2004-2007 Quality Improvement Task Force

Member

Department of Psychiatry, Dartmouth Medical School

2004-2007 Women Faculty

Member

Dartmouth-Hitchcock Medical Center

1995-1996 Graduate Student Organization

Council Member

University of Illinois at Chicago

1990-1991 Ethics Committee

Student Member

University of Cincinnati

1990-1991 Psi Chi (National Undergraduate Psychology Organization)

Student Advisor

University of Cincinnati

1989-1990 Psi Chi (National Undergraduate Psychology Organization)

**Chapter Officer** 

University of Cincinnati



# **RESEARCH**

Interests

Psycho-oncology, specifically intervention/treatment of chemotherapy-related cognitive deficits, distress, trauma/PTSD in cancer populations.

### **Funded Research Positions**

McAlister (PI)

4/5/2005 - Present

National Institutes of Child Health and Human Development (NICHD)

Methylphenidate (Ritalin) and Memory/Attention in Traumatic Brain Injury (TBI)

Role: Therapist

The primary aim is to test the ability of dopaminergic agonists to ameliorate working memory deficits as compared to a cognitive-behavioral intervention that teaches skills that research suggests can help individuals better deal with memory and attention problems [Memory and Attention Adaptation Training (MAAT): A Brief Cognitive-Behavioral Skills Program for People with Attention and Memory Problems after Mild to Moderate Traumatic Brain Injury (revision of Memory and Attention Adaptation Training (MAAT): A Brief Cognitive-Behavioral Program for Cancer Survivors with Chemotherapy-Associated Attention and Memory Problems].

1K23DA016574-01A1

McGovern (PI)

5/1/04 -4/30/09

National Institute on Drug Abuse

Cognitive Therapy for PTSD in Addiction Treatment

Role: Therapist/Supervisor

The primary aim is to conduct a small pilot study of the program Cognitive Behavioral Therapy for PTSD in Addiction Treatment, adapted from similar work in mentally ill populations.

2R01MH54006-05A1

Mellman (PI)

5/20/01-10/30/06

NIMH

REM Sleep and Memory Processing During Development of PTSD

Role: Site PI

Principal aims are to relate sleep and dream variables to the course of PTSD, to characterize cortical and autonomic arousal during REM and non-REM sleep stages via spectral analyses of EEG and EKG signals, and to evaluate implicit and explicit memory performance in relation to intervening sleep patterns and the outcome of PTSD.

1R03MH66909-01A1 Gillock (PI) 3/30/04-3/31/06

NIH/BSTART \$50,000

PTSD, Health, and Medical Utilization in Primary Care

Primary aims are 1) to describe the relationships among PTSD status, health indices, and medical utilization, and 2) to assess recognition of the disorder by PCPs and patients with PTSD.

538242 Ferguson (PI) 01/01/2003-12/31/2005

Lance Armstrong Foundation

Behavioral Management of Cognitive Impairment Associated with Chemotherapy

Role: Therapist

The primary aim is to conduct a small, randomized control trial of a brief cognitive-behavioral program designed to improve cognitive function among cancer survivors with chemotherapyassociated cognitive impairment. Breast cancer survivors are the target population.

Gillock (PI) Internal Funding 1996-1998

University of Illinois at Chicago \$11.000

Factors affecting students' adjustment/attrition during the college transition

### **General Research Positions**

2007-pres. Collaborator

Independent Contractor; Eastern Maine Medical Center

Working with Robert Ferguson, PhD, Eastern Maine Medical Center. Revising MAAT manual [Memory and Attention Adaptation Training: A Brief Cognitive-Behavioral Program for Cancer Survivors with Chemotherapy-Associated Attention and Memory Problems], advising on grant applications, developing framework for dissemination at Norris Cotton Cancer Center Survivorship Clinic, Dartmouth-Hitchcock Medical Center

Postdoctoral Research Assistant & Collaborator 1999-2004

Dartmouth Medical School, Department of Psychiatry, Anxiety Disorders Service

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Involved in various anxiety disorder research projects, specifically PTSD treatment. *Supervisor*: Claudia Zayfert, PhD.

### 1998-1999 Internship Research Assistant

Department of Psychiatry, University of Illinois at Chicago

Involved in projects re-calibrating two measures of social phobia, investigating non-cardiac chest pain patients screened by electron beam CT scan, and examining differences in agoraphobic responses in women with PTSD related to non-sexual versus sexual trauma.

Supervisor: Cheryl Carmin, PhD

#### 1991-1998 Graduate Research Assistant

Department of Psychology, University of Illinois at Chicago

Involved in various research projects concerning inner-city minority adolescents' risk

and protective factors in high school dropout.

Supervisor: Olga Reyes, Ph.D

# 1989-1991 Undergraduate Research Assistant

Department of Psychology, University of Cincinnati, Ohio

Involved in all phases of a number of projects examining the psychophysical nature of sustained attention, gender differences in prose memory of stereotypic content, interpersonal competence and vulnerabilities in children with chronic illness, intervention programming for Alzheimer disease caregivers, and remote memory in the elderly. *Supervisors:* Joel Warm, PhD, William Dember, PhD, Donald Schumsky, PhD, Robert Noll, PhD, and Bruce Schefft, PhD

#### **Awards and Honors**

New Investigator Award, National Institutes of Health and National Institute of Mental

Health

#### **Publications - Books**

Ferguson, R.J. & Gillock, K.L. (in press). Memory and Attention Adaptation Training: A Brief Cognitive-Behavioral Program for Cancer Survivors with Chemotherapy-Associated Attention and Memory Problems.

#### **Publications – Journal Articles**

- Hegel, M.T., Collins, E.D., Kearing, S., Gillock, K.L., Moore, C.P., & Ahles, T.A., (2007). Sensitivity and specificity of the Distress Thermometer for depression in newly diagnosed breast cancer patients. Psycho-oncology.
- Hegel, M.T., Moore, C.P., Collins, E.D., Kearing, S., Gillock, K.L., Riggs, R.L., Clay, K.F., & Ahles, T.A., (2006). Distress, psychiatric syndromes, and functional impairment in women with newly-diagnosed breast cancer. Cancer.
- Gillock, K.L., Zayfert, C., Hegel, M.T., & Ferguson, R.J. (2005). Posttraumatic stress disorder in primary care:

  Prevalence and relationships with physical symptoms and medical utilization. General Hospital Psychiatry,
  27, 392-399.
- Zayfert, C., DeViva, J.C., Becker, C.B., Pike, J.L., Gillock, K.L., & Hayes, S.A. (2005) Exposure utilization and completion of cognitive behavioral therapy for PTSD in a "real world" clinical practice. Journal of Traumatic Stress, 18(6), 637-645.
- Zayfert, C., Gillock, K., & Mellman, T. (2002). Identifying PTSD in medical and surgical settings. *Primary Psychiatry*, 9(2): 54-58.
- Carmin, C.N., Wiegartz, P.S., Yunus, U., & Gillock, K.L. (2002). Treatment of late-onset OCD following basal ganglia infarct. *Depression & Anxiety*, 15(2).
- Reyes, O., Gillock, K., & Kobus, K., & Sanchez, B. (2000). A longitudinal examination of the transition into senior high school for adolescents from urban, minority, low-income status backgrounds. *American Journal of Community Psychology*, 28(4), 519-544.
- Reyes, O., Kobus, K., & Gillock, K. (1999). Career aspirations of urban Mexican-American adolescent females. *Hispanic Journal of Behavioral Sciences*, *21*(3), 366-382.

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- Gillock, K., & Reyes, O., (1999). Stress, support, and academic performance of urban, low-income, Mexican-American adolescents. *Journal of Youth and Adolescence*, *28*(2), 259-282.
- Gillock, K., & Reyes, O. (1996). High school transition-related changes in urban minority students' academic performance and perceptions of self and school environment. *Journal of Community Psychology*, *24*, 245-261.
- Reyes, O., Gillock, K., & Kobus, K. (1994). A longitudinal study of school adjustment in urban minority adolescents: Effects of a high school transition program. *American Journal of Community Psychology*, *22*, 343-370.

## **Publications – Book Chapters**

Zayfert, C., Becker, C.B., & Gillock, K.L. (2002). Managing obstacles to the utilization of exposure therapy with PTSD patients. In L. VandeCreek & T.L. Jackson (Eds.,) *Innovations in Clinical Practice: A Source Book (Vol. 20)*, pp. 201-222. Sarasota, Florida: Professional Resource Press.

Carmin, C.N., Pollard, C.A., & Gillock, K.L. (1999). Assessment of anxiety disorders in the elderly. In P.A. Lichtenberg (Ed.), Handbook of Assessment in Clinical Gerontology, pp 59-90. New York: John Wiley & Sons, Inc.

### **Publications – Published Abstracts**

Gillock, K.L., Ahles, T.A., Collins, E.D., Hegel, M.T., Kearing, S., Moore, C.P., and Riggs, R.L. (2005). PTSD screening in newly-diagnosed breast cancer patients [Abstract]. Annals of Behavioral Medicine, 29S:33.

#### Publications - Book Reviews

Reyes, O., Gillock, K., & Sanchez, B. (1997). Families in Multicultural Perspective. Book Review. The Child, Youth, and Family Services Quarterly, 20, 15.

# **Publications – Manuals and Technical Reports**

- Gillock, K.L., McGovern, M.P., Drake, K.M., and Ellison, E.B. (2006). Cognitive behavioral therapy for PTSD in addiction treatment: Adherence and competence index (ACI) manual. Unpublished manual, Dartmouth Psychiatric Research Center, Lebanon, NH.
- Gillock, K., & Reyes, O., (1999). Preventing college dropout: A longitudinal report of the 1996-1997 freshman survey and evaluation of the 1996-1997 freshman success seminar. Technical report, University of Illinois at Chicago.
- Reyes, O., Kobus, K., & Gillock, K. (1995). What are the factors that promote educational success in Latino students? Technical report, University of Illinois at Chicago.

### Conference Presentations – Workshops

Zayfert, C., Becker, C., & Gillock, K. (2000, November). Facilitating exposure therapy for PTSD in clinical practice. Pre-meeting institute presented at the 16<sup>th</sup> Annual Convention of the International Society for Traumatic Stress Studies, San Antonio, TX.

# **Conference Presentations – Symposia**

Gillock, K.G., Zayfert, C., Hegel, M.T., Ferguson, R.J. (2005, November). Partial PTSD in a civilian primary care setting. In R. Leibowitz (Chair), Trauma and primary care: Bridging research to practice. Symposium to be presented at the 21<sup>st</sup> annual meeting of the International Society for Traumatic Stress Studies, Toronto, Canada.

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- Becker, C.B., Zayfert, C., Gillock, K.L., & DeViva, J.C. (2002, November). Reducing dropout and augmenting effectiveness of exposure therapy for PTSD. In J.C. DeViva (Chair), Fitting the treatment to the patient: Adapting CBT for patients with complicated posttraumatic presentations. Symposium presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, Nevada.
- Zayfert, C., Becker, C.B., DeViva, J.C., & Gillock, K.L. (2002, November). Letting our patients take control: Integrating acceptance strategies to manage obstacles to exposure therapy for PTSD. In G.H. Eifert (Chair), Balancing acceptance and change in the treatment of anxiety disorders. Symposium presented at the 36th Annual Convention of the Association for Advancement of Behavior Therapy, Reno, Nevada.
- Gillock, K., Zayfert, C., & Hayes, S. (2001, July). Who receives imaginal exposure for PTSD: Patient characteristics and treatment obstacles. In T. Keane (Chair), Problems implementing exposure therapy for PTSD. Symposium presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.
- Reyes, O., Sanchez, B., Greene, G., Gillock, K., & Kobus, K. (1997, April). A descriptive portrait of the role of culture in adjustment during school transition for children and youth from urban minority backgrounds. In T. Urdan (Chair), Bridges and boundaries among different contexts of development: Implications for students. Symposium presented at the American Educational Research Associates Annual Meeting, Chicago, Illinois.
- Reyes, O., Gillock, K., & Kobus, K., (1995, June). Tracking issues in research with urban, high-risk populations. In O. Reyes (Chair), Sampling, selection, retention, and tracking issues in community research: Methodological implications and strategies. Symposium presented at the Fifth Biennial Conference on Community Research and Action, Chicago, Illinois.
- Reyes, O. & Gillock, K. (1994, Aug.). Normative transition to high school: Effects on urban minority adolescents. Symposium presented at the 102nd Annual Convention of the American Psychological Association, Los Angeles, California.
- Reyes, O., Gillock, K., & Kobus, K. (1993, Aug.). Facilitating high school transitions for urban, minority youth. In O. Reyes (Chair), Facilitating school transitions for elementary, middle, and junior high schools. Symposium presented at the Annual Convention of the American Psychological Association, Toronto, Canada.
- Sanchez, B., Gillock, K., & Reyes, O. (1998, April). Conducting research in the trenches: Challenges with students from urban, low-income, minority backgrounds. Symposium to be presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Reyes, O., Gillock, K., Kobus, K., Avila, S., Navarro, M., & Green, G. (1994, May). Conducting research in ethnic minority settings. In O. Reyes (Chair), Training models for conducting ethnically and culturally sensitive research in community settings. Symposium presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.

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# **Conference Presentations – Poster Sessions – International**

- Moore, C.P., Kearing, S., Collins, E.D., Hegel, M.T., Ahles, T.A., Gillock, K.L., Riggs, R.L., and Clay, K.F. (2005, December). Pre-surgical screening for emotional distress and psychiatric co-morbidity among women with newly diagnosed early stage breast cancer. Poster presented at the 28<sup>th</sup> Annual San Antonio Breast Cancer Symposium, San Antonio, Texas.
- Gillock, K. & Howard, J. (2005, November). Identifying PTSD: A comparison of assessment methods. Poster to be presented at the 21<sup>st</sup> annual meeting of the International Society for Traumatic Stress Studies, Toronto, Canada.
- Gillock, K., Cimpean, D., Howard, J., Martinez, J. & Mellman, T. (2005, November). Personal salience of trauma stimuli in processing traumatic memory. Poster to be presented at the 21<sup>st</sup> annual meeting of the International Society for Traumatic Stress Studies, Toronto, Canada.
- Gillock, K., Mellman, T., Esposito, K., & Bustamante, V. (2003, October). The impact of prior trauma on the development of PTSD. Poster presented at the 19<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, Chicago, Illinois.
- Zayfert, C., Becker, C.B., DeViva, J.C., & Gillock, K.L. (2003, October). Exposure enhancement group. Poster presented at the 19<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, Chicago, Illinois.
- Gillock, K., Zayfert, C., & Almeida, D. (2002, November). Prevalence and presentation of pain in a clinical PTSD sample. Poster presented at the 18<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, Maryland.
- Gillock, K., & Zayfert, C. (2002, November). Health indices in primary care patients with and without trauma and PTSD. Poster presented at the 18<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, Maryland.
- Gillock, K., Zayfert, C., Hayes, S., Birk, J., & Hatcher, J. (2001, July). PTSD, health, and medical utilization in primary care: A pilot study. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.
- Zayfert, C., Becker, C., & Gillock, K. (2001, July). The effects of exposure enhancement group therapy for PTSD on the delivery of individual imaginal exposure and treatment outcome. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

# Conference Presentations - Poster Sessions - National

- Fetter, J.C., Gillock, K.L., Friedman, M., and Howard, J. (2006, April). Adiposity and chronic traumatic stress. Poster presented at the Annual Meeting of the Association of Medicine and Psychiatry, Los Angeles, CA.
- Gillock, K.L. (2005, July). PTSD, medical utilization, and health in primary care. Poster presented at the 18<sup>th</sup> NIMH Research Conference on Mental Health Services, Bethesda, MD.
- Gillock, K.L., Ahles, T.A., Collins, E.D., Hegel, M.T., Kearing, S., Moore, C.P., and Riggs, R.L. (2005, April). PTSD screening in newly-diagnosed breast cancer patients. Poster presented at the 26<sup>th</sup> Annual Meeting and Scientific Session of the Society of Behavioral Medicine, Boston, MA.
- Gillock, K., Zayfert, C., Ferguson, R., and Holmes, L. (2000, November). Assessing PTSD severity: Comparison of the PCL with the CAPS. Poster presented at the 34<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Zayfert, C., Becker, C., Hayes, S., & Gillock, K. (2000, November). Clinical utilization of exposure therapy for PTSD: Putting science into practice in the "real world" clinic. Poster presented at the 34<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Klocek, J., Carmin, C., Gillock, K., Shertzer, E., & Raja, S. (1999, November). Social phobia and the need to evaluate: An initial investigation. Poster presented at the 33rd Annual Convention of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Carmin, C., Gillock, K., Klocek, J., Shertzer, E., & Raja, S. (1999, November). Re-validation and psychometrics of two measures of social phobia: The Fear of Negative Evaluation and the Social Avoidance and Distress scales. Poster presented at the 33rd Annual Convention of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Carmin, C., Wiegartz, P., Gillock, K., Hoff, J., & Kondos, G.T. (1999, November). Non-cardiac chest pain: An investigation of patients self-referred for cardiac calcium screening. Poster presented at the 33rd Annual Convention of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Gillock, K., & Reyes, O. (1999, June). Student and faculty ideas on improving a college retention program. Poster presented at the 7th Biennial Conference on Community Research and Action, New Haven, Connecticut.
- Gillock, K., Carmin, C., Klocek, J., & Raja, S. (1999, March). Re-calibrating two measures of social phobia: The Social Avoidance and Distress scale and the Fear of Negative Evaluation scale. Poster presented at the Anxiety Disorders Association of America 19th National Conference, San Diego, California.

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- Carmin, C., Wiegartz, P., Gillock, K., Hoff, J., & Kondos, G.T. (1999, March). A preliminary investigation of non-cardiac chest pain patients screened by electron beam CT scan. Poster presented at the Anxiety Disorders Association of America 19th National Conference, San Diego, California.
- Carmin, C., Gillock, K., Raja, S., & Iapaolo, C. (1998, November). Differences in agoraphobic responses in women with PTSD related to non-sexual versus sexual trauma. Poster presented at the 32<sup>nd</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Washington D.C.
- Gillock, K., & Reyes, O. (1998, August). Racial/Cultural differences in stressors experienced on a multicultural university campus. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, California.
- Gillock, K., & Reyes, O. (1998, August). The relationship between academic stressors, psychological functioning, and academic outcomes of college freshmen. Poster presented at the Society for the Science of Clinical Psychology Annual Poster Session of the Annual Meeting of the American Psychological Association, San Francisco, California.
- Gillock, K., & Reyes, O., (1995, June). Effects of environmental change on adolescents' adjustment during the high school transition. Poster presented at the Fifth Biennial Conference on Community Research and Action, Chicago, Illinois.
- Reyes, O., Kobus, K., Gillock, K., Contreras, R., Contreras, H., Fragoso, M., Hernandez, M., & Soldado, C. (1993, Oct.). Students' involvement in applied research: Advantages and limitations. Panel discussion presented at the ECO Conference 1993 Annual Meeting for the Society for Community Research and Action. Sawyer. Michigan.
- Dember, W., Nelson, W., Gillock, K., Hancock, P., Gluckman, J., & Warm, J. (1993, Oct.). The rate of gain of perceived workload in sustained attention. Paper presented at the Annual Meeting of the Human Factors Society, San Diego, California.
- Reyes, O., Gillock, K., & Kobus, K. (1993, June). Issues in implementing a transition program in an inner-city school. Panel discussion presented at the Fourth Biennial Conference on Community Research in Action, Williamsburg, Virginia.

### Conference Presentations - Poster Sessions - Regional

- Gillock, K., & Reyes, O. (1998, April). The impact of stress and support on the psychological functioning of college freshmen. Paper to be presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Gillock, K., & Reyes, O. (1997, May). Preventing college dropout: An evaluation of a college freshman attrition prevention seminar. Poster presented at the Midwestern Psychological Association meeting, Chicago, Illinois.

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- Gillock, K., & Reyes, O., (1996, May). The impact of stress and support on the academic performance of urban, low-income, Mexican-American adolescents. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Gillock, K., & Reyes, O., (1995, May). High school transition-related changes in students' academic performance and perceptions of school environment. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Contreras, R., Reyes, O., Kobus, K., & Gillock, K., (1995, May). Acculturation factors and their role in the academic achievement of bilingual urban, Latino high school students. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Reyes, O., Gillock, K., & Kobus, K. (1993, May). Facilitating high school transition for urban youth: The elementary school transition pilot project. Panel discussion presented at the Annual Meeting of the Midwestern Psychological Association, Chicago.
- Durlak, J.A., Hirsch, B., Reyes, O., Diamond, A., Haney, P., Kobus, K., Parks, M., Gillock, K., Strax, J., & Zeiss, J. (1993, May). Joining forces to teach community psychology: Results of a recent multi-university enterprise. Panel discussion presented at the Annual Meeting of the Midwestern Psychological Association, Chicago.
- Reyes, O., Gillock, K., Romero, R., & Hays, T. (1992, May). The elementary school transition program. Panel discussion presented at the Annual Meeting of the Midwestern Psychological Association, Chicago.
- Gillock, K., Gluckman, J.P., Warm, J.S., Dember, W.N., Hancock, P.A., Jackson, J.L., & Brackett, N. (1990, Oct.). The rate of gain of workload in sustained attention: Methodological and task factors. Paper presented at the 5th Annual Mid-Central Ergonomics/Human Factors Conference, Middletown, Ohio.
- Warm, J., Dember, W., Parasuraman, R., Winhusen, T., Gillock, K., Thiemann, J., & Gluckman, J. (1990, Feb.). The enhancement of sustained attention through self-administration olfactory stimulation. Paper presented at the Annual Meeting of the Southern Society for Philosophy and Psychology, Lexington, Kentucky.